

## Who We Are



**The Arc Eastern Connecticut**—formerly The Arc Quinebaug Valley and The Arc New London County—has served the communities of northeastern and southeastern Connecticut since 1952.

Two groups of parents, concerned that their children with intellectual and developmental disabilities were being denied educational opportunities, met in their homes to plan a strategy, sparking a **social and civil rights movement in the state.**

Today, The Arc Eastern Connecticut supports **more than 900 people with IDD and their families yearly.** We help people find homes, prepare for competitive employment with area businesses, and independently and actively engage in their communities.

Our dedicated Board of Directors and our caring and professional staff have provided us with the ability to build programming and employee training modules in ways that greatly reinforce the mission and vision of our founding families who established both The Arc NLC and The Arc QV over six decades ago.

### Did you know . . .

There are an estimated **2.5 million people** in the United States with an intellectual or developmental disability.

The Arc Eastern Connecticut supports over 175 people in its employment programs who work an average of 15 hours per week at minimum wage or higher.

Our micro-enterprises include a redemption center, consignment stores, a farm stand, landscaping and cleaning services, and a bakery with cookies in over 16 stores region-wide.

The Arc ECT operates 74 vehicles that drive over 1,400,000 miles per year, providing door-to-door transportation for people participating in day programs and community activities.



MY SCHOOL.  
MY HOME.  
MY JOB.  
MY CHOICE.



*A multi-service family agency  
in partnership for full equality*

## Find Out More

Call 860.889.4435  
**TheArcECT.org**

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Norwich, CT 06360  
T: 860.889.4435  
E: [info@thearcct.org](mailto:info@thearcct.org)

**TheArcECT.org**

**Achieve with us.®**

# What We Can Do

## EMPLOYMENT TRAINING

Six thriving micro-enterprises provide training and preparation for competitive employment with area businesses.

## DAY PROGRAMS

Our day programs in Norwich, Groton and Danielson offer a variety of volunteer opportunities, health/fitness activities, and community and life-enrichment programs for adults including Seniors.

## SCHOOL-TO-WORK TRANSITION

This program helps young adults navigate the often confusing path to life and work after graduation.

## SUPPORTED HOUSING

Creative living options throughout eastern Connecticut support personal choice and maximum independence.

## COMMUNITY LIFE & ADVOCACY

This unique program offers empowerment and self-advocacy groups, Special Olympics, social networking, and civic participation activities.

## IN-HOME SUPPORTS

Personal, family-centered services are offered in both the home and the community.

## COMMUNITY COMPANION HOMES

The CCH program helps people with IDD live as independently as possible with families in their communities.

# Our Mission

To partner with people living with intellectual and developmental disabilities for **EQUAL participation and inclusion** in the communities of eastern Connecticut.



# Contacts

## Norwich Offices

125 Sachem St., Norwich, CT 06360  
(860) 889-4435

## Employment Transition Center, Groton

52 Sacred Heart Drive, Groton, CT 06340  
(860) 449-1529

## Danielson Offices

687 Cook Hill Rd., Danielson, CT 06239  
(860) 774-2827

# The Arc Encourages

- ✓ CHOICE
- ✓ VOLUNTEERISM
- ✓ INDEPENDENCE
- ✓ SELF-EXPRESSION
- ✓ COMMUNITY INVOLVEMENT

*Achieve with us.®*