

January

Debbie Densmore
Email: ddensmore@thearcct.org

860-889-4435 x108
Fax: 860-889-4662

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	Dec 31	1	2
				Happy New Year- No program 	10:00 AM - 11:00 AM Pasta Day; Zoom 	
3	4	5	6	7	8	9
		6:00 PM - 7:00 PM Healthy Habits; Zoom		6:00 PM - 7:00 PM Who Has Talent; Zoom	10:00 AM - 11:00 AM Funniest Animals/ Pet Show & Tell; Zoom 	
10	11	12	13	14	15	16
6:00 PM - 7:00 PM Men's group; Zoom	6:00 PM - 7:00 PM Healthy Habits; Zoom 			6:00 PM - 7:00 PM Goal Setting; Zoom		
17	18	19	20	21	22	23
		6:00 PM - 7:00 PM Self Advocacy; Zoom		6:00 PM - 7:00 PM Karaoke; Zoom 	10:00 AM - 11:00 AM Martin Luther King; Zoom	
25	26	27	28	29	30	
	6:00 PM - 7:00 PM Healthy Habits; Zoom			6:00 PM - 7:00 PM Organize/ Declutter; Zoom	10:00 AM - 11:00 AM Life Changes; Zoom	
Feb 1	Notes					