

# Community Life Calendar

**Fri Nov 1, 2019**

## **6pm - 9pm Born This Way**

**Where:** 125 Sachem St, Norwich, CT 06360, USA

**Calendar:** Community Life Calendar

**Created by:** Debbie Densmore

**Description:**

Come watch an inspiring show about a group of friends with disabilities pursuing their passions. This show will make you laugh and cry all at the same time. Cost to attend is free. We will brown bag our dinner.

## **7pm - 9:30pm Mystic Scottish County Dancers**

**Where:** 310 Fort Hill Rd, Groton, CT 06340, USA

**Calendar:** Community Life Calendar

**Created by:** Debbie Densmore

**Description:**

We will join the Mystic Scottish County Dancers again for a fun night. We are going to learn the basic steps of Scottish Dancing. This is an eat at home event. Please bring a bottle of water and a healthy snack to share. Cost to attend is \$5.00.

**Sat Nov 2, 2019**

## **9am - 10am Ledyard Congregational Church Breakfast**

**Where:** Ledyard Congregational Church, 722 Colonel Ledyard Hwy, Ledyard, CT 06339, USA

**Calendar:** Community Life Calendar

**Created by:** Debbie Densmore

**Description:**

We are attending a pancake breakfast to support the church. The church uses the money from this breakfast to support community projects. Cost to attend is \$10.00. Come give back to the community.

## **9am - 12pm Volunteer- Mystic Noank Library**

**Where:** Mystic & Noank Library, 40 Library St, Mystic, CT 06355, USA

**Calendar:** Community Life Calendar

**Created by:** Debbie Densmore

**Description:**

Our group will be assisting the library with their fall clean up project. This program is an eat at home event. Cost to attend is free. You must dress for outside work.

**Tue Nov 5, 2019**

## **All day Voting**

Tue Nov 5, 2019

**Calendar:** Community Life Calendar

**Created by:** Debbie Densmore

**Description:**

Today is your chance to get out and vote for your local municipals. Your Vote Matters. These elections will include First Selectman, Board of Education, Planning & Zoning, Board of Fiances and Town Clerk. Each town may be a little different from the one listed above. If you wish to get out to the polls and need transportation please reach out to Debbie Densmore 860-889-4435 EXT 108.

## Community Life Calendar

Thu Nov 7, 2019

### 3pm - 5pm Bowling

**Where:** 188 W Town St, Norwich, CT 06360, USA

**Calendar:** Community Life Calendar

**Created by:** Debbie Densmore

**Description:**

This program is for those who have signed up to bowl with us weekly. We do not transport to this program. Please remember that you must pay \$6.00 for two games of bowling and shoes. No discount will be given even if you only bowl one game. You must be on time and ready to bowl when the lanes are turned on at 3:30. NO OUTSIDE FOOD OR BEVERAGES ARE TO BE BROUGHT INTO THE BOWLING ALLEY. THIS INCLUDES PERSONAL WATER BOTTLES. IF YOU NEED A BEVERAGE YOU MUST PURCHASE IT THERE.

Fri Nov 8, 2019

### 6:30pm - 8:30pm Art Night

**Where:** Wild Earth Studio LLC, 441 Salem Turnpike B3, Bozrah, CT 06334, USA

**Calendar:** Community Life Calendar

**Created by:** Debbie Densmore

**Description:**

We will be going to the Wild Earth Studio in Bozrah to paint an Eye of the Dragon canvas. Cost to attend is \$13.00. THIS IS A PREPAID EVENT AND MONEY NEEDS TO BE TURNED IN WHEN YOU SIGN UP. Program is limited in numbers. This is an eat at home program. Please make sure to wear clothing that you might get paint on.

### 7pm - 10pm Alice in Wonderland

**Where:** Griswold High School, 267 Slater Ave, Griswold, CT 06351, USA

**Calendar:** Community Life Calendar

**Created by:** Debbie Densmore

**Description:**

We are attending Griswold High School's Fall Drama. TICKETS ARE LIMITED IN NUMBERS AND MUST BE PAID FOR WHEN YOU SIGN UP. Cost to attend is \$11.00. This is an eat at home program. You may bring money for snack purchases, we suggest \$5.00.

Sat Nov 9, 2019

### 10am - 12:30pm Craft Fairs- Local Communities

**Where:** Waterford, Niantic, Colchester, Groton

**Calendar:** Community Life Calendar

**Created by:** Debbie Densmore

**Description:**

Let's get our holiday shopping started! We will be attending local community craft fairs, bazaars and artisan markets. This is a great way for us to give back to our local businesses and find some holiday treasures. We will have lunch at one of these bazaars. It is recommended that you bring at least \$15.00 for shopping and \$10.00 for lunch.

### 10:30am - 12:30pm B. F. Clyde's Cider Mill

**Where:** 129 N Stonington Rd, Mystic, CT 06355, USA

**Calendar:** Community Life Calendar

**Created by:** Debbie Densmore

**Description:**

Come enjoy a favorite fall activity with your friends. We will watch a demonstration on how the juice from the apples is extracted by the oldest steam powered mill in the US. This activity is weather permitting. Enjoy some fresh cider and a tasty treat. We will browse the gift shops to look for that special gift to bring home. Cost to attend is \$15.00. We will eat our lunch at home. Dress for the cool weather as we will be outside.

## Community Life Calendar

**Tue Nov 12, 2019**

### **5pm - 7:30pm Staff Meeting**

**Where:** 125 Sachem St, Norwich, CT 06360, USA

**Calendar:** Community Life Calendar

**Created by:** Debbie Densmore

**Thu Nov 14, 2019**

### **3pm - 5pm Bowling**

**Where:** 188 W Town St, Norwich, CT 06360, USA

**Calendar:** Community Life Calendar

**Created by:** Debbie Densmore

**Description:**

This program is for those who have signed up to bowl with us weekly. We do not transport to this program. Please remember that you must pay \$6.00 for two games of bowling and shoes. No discount will be given even if you only bowl one game. You must be on time and ready to bowl when the lanes are turned on at 3:30. NO OUTSIDE FOOD OR BEVERAGES ARE TO BE BROUGHT INTO THE BOWLING ALLEY. THIS INCLUDES PERSONAL WATER BOTTLES. IF YOU NEED A BEVERAGE YOU MUST PURCHASE IT THERE.

**Fri Nov 15, 2019**

### **6pm - 8:30pm Volunteer**

**Where:** 125 Sachem St, Norwich, CT 06360, USA

**Calendar:** Community Life Calendar

**Created by:** Debbie Densmore

**Description:**

Come help us bag up and organize items that will be distributed at an event we are assisting with in December. Cost to attend is free. We will brown bag our dinner.

### **6:30pm - 7:30pm Fun With Drums**

**Where:** 170 Pennsylvania Ave, Niantic, CT 06357, USA

**Calendar:** Community Life Calendar

**Created by:** Debbie Densmore

**Description:**

We will be joining our community friends for another fun night of drumming. Drumming is said to be very therapeutic and helps with mindfulness. It also good to balance your physical and emotional needs while having fun. Cost to attend is free. This is an eat at home program.

**Sat Nov 16, 2019**

### **9:30am - 10:30am Dance Country**

**Where:** Dance Country, 1666 CT-12, Gales Ferry, CT 06335, USA

**Calendar:** Community Life Calendar

**Created by:** Debbie Densmore

**Description:**

Come try something new! If you ever wanted to try country line dancing, attend this program. We will learn some basic steps and burn off some calories. Cost to attend is \$15.00. Please come dressed to dance with appropriate clothing. Bring your water bottle. This is an eat at home program.

## Community Life Calendar

### 10am - 12pm Ornament Making

**Where:** Get Fired Up, 7 W Broad St, Pawcatuck, CT 06379, USA

**Calendar:** Community Life Calendar

**Created by:** Debbie Densmore

**Description:**

We will be going to Get Fired up in Pawcatuck. Our group will paint 2 ornaments and then enjoy a small ice cream cone from Mel's Downtown Creamery. Cost to attend is \$10.00 which includes your small ice cream. We will eat our lunch at home.

**Wed Nov 20, 2019**

### 6:30pm - 8pm Self Advocacy Meeting

**Where:** 687 Cook Hill RD Danielson

**Calendar:** Community Life Calendar

**Created by:** Debbie Densmore

**Description:**

Come be part of this exciting group. Self advocacy teaches us how to make decisions and choices that affect our lives so we can be more independent. You will learn how to speak out for what you believe in, take responsibility for your life, learn to ask questions and how to solve problems. The group will set goals, challenge you and help you be more successful. If you wish to have pizza please bring \$5.00.

**Thu Nov 21, 2019**

### 3pm - 5pm Bowling

**Where:** 188 W Town St, Norwich, CT 06360, USA

**Calendar:** Community Life Calendar

**Created by:** Debbie Densmore

**Description:**

This program is for those who have signed up to bowl with us weekly. We do not transport to this program. Please remember that you must pay \$6.00 for two games of bowling and shoes. No discount will be given even if you only bowl one game. You must be on time and ready to bowl when the lanes are turned on at 3:30. NO OUTSIDE FOOD OR BEVERAGES ARE TO BE BROUGHT INTO THE BOWLING ALLEY. THIS INCLUDES PERSONAL WATER BOTTLES. IF YOU NEED A BEVERAGE YOU MUST PURCHASE IT THERE.

**Fri Nov 22, 2019**

### 6pm - 9pm Thanksgiving Meet & Greet Dinner

**Where:** Camp Harkness-For Handicapped, 301 Great Neck Rd, Waterford, CT 06385, USA

**Calendar:** Community Life Calendar

**Created by:** Debbie Densmore

**Description:**

Come to our Annual Thanksgiving Dinner, meet old and new friends. Enjoy a great meal by cook Greg.... Cost to attend is \$15.00 per person. This year we are collecting items that will be distributed to teachers in a local school. Please bring at least one unwrapped item. They are in need of cleaning wipes, hand sanitizer, index cards, sticky notes, book markers, hand lotion, stickers, tape, glue sticks and keenex. This list is not inclusive, if you think of other items feel free to donate them as well.

## Community Life Calendar

**Sat Nov 23, 2019**

### **11am - 4pm SO Bowling Tournament**

**Where:** AMF Circle Lanes, 525 Main St, East Haven, CT 06512, USA

**Calendar:** Community Life Calendar

**Created by:** Debbie Densmore

**Description:**

This program is for those that are registered to compete for Special Olympic Bowling. The cost of the tournament is \$20.00. Please send in your check written out to The Arc Eastern CT. We will stop for a quick lunch before we compete. We suggest at least \$15.00. There is no door to door transportation for this program. All bowlers will meet at the Norwich/ Groton Arc by 10:00am. We will call your rides when we are leaving East Haven for a pick up time.

**Tue Nov 26, 2019**

### **6pm - 7:30pm Voices**

**Where:** 125 Sachem ST Norwich CT.

**Calendar:** Community Life Calendar

**Created by:** Debbie Densmore

**Description:**

A group for women only. This is a self empowerment group for women to meet, share and talk about the challenges, successes and all that make them strong women. Cost to attend is free. We will provide snacks.

**Thu Nov 28, 2019**

### **All day Thanksgiving- NO Bowling**

Thu Nov 28, 2019

**Calendar:** Community Life Calendar

**Created by:** Debbie Densmore

**Fri Nov 29, 2019**

### **All day Arc Holiday- NO PROGRAM**

Fri Nov 29, 2019

**Calendar:** Community Life Calendar

**Created by:** Debbie Densmore

**Sat Nov 30, 2019**

### **All day Volunteer- Camp Harkness**

Sat Nov 30, 2019

**Where:** Camp Harkness-For Handicapped, 301 Great Neck Rd, Waterford, CT 06385, USA

**Calendar:** Community Life Calendar

**Created by:** Debbie Densmore

**Description:**

We will be assisting Camp Harkness with a fundraiser. Monies raised will go to Prevent Thrive Heal for cancer research. Time for this event has not yet been set.

### **10am - 1pm Volunteer/ Wreath Sale**

**Where:** 1671 Center Groton Rd, Ledyard, CT 06339, USA

**Calendar:** Community Life Calendar

**Created by:** Debbie Densmore

**Description:**

We need a few volunteers willing to work at the farm stand selling wreaths that are left from our fundraising inventory. Please brown bag your lunch and dress for being outside.

## Community Life Calendar

Thu Dec 5, 2019

### 3pm - 5pm Bowling

**Where:** 188 W Town St, Norwich, CT 06360, USA

**Calendar:** Community Life Calendar

**Created by:** Debbie Densmore

**Description:**

This program is for those who have signed up to bowl with us weekly. We do not transport to this program. Please remember that you must pay \$6.00 for two games of bowling and shoes. No discount will be given even if you only bowl one game. You must be on time and ready to bowl when the lanes are turned on at 3:30. NO OUTSIDE FOOD OR BEVERAGES ARE TO BE BROUGHT INTO THE BOWLING ALLEY. THIS INCLUDES PERSONAL WATER BOTTLES. IF YOU NEED A BEVERAGE YOU MUST PURCHASE IT THERE.

Fri Dec 6, 2019

### 6pm - 9pm American Legion Christmas Party

**Where:** American Legion, 74 Garfield Ave, New London, CT 06320, USA

**Calendar:** Community Life Calendar

**Created by:** Debbie Densmore

**Description:**

Our friends at the American Legion in New London would like to host another annual party for us. Cost to attend is \$10.00. There will be appetizers, dinner, dessert and a DJ. Come dance the night away with your friends.

Sat Dec 7, 2019

### 10:30am - 2:30pm Volunteer

**Where:** St Vincent De Paul 120 Cliff St Norwich

**Calendar:** Community Life Calendar

**Created by:** Debbie Densmore

**Description:**

We will be volunteering with the CT Free Store and Totem Poles for Kindness. Volunteers will pass out food, hats and gloves to those in need. Cost to attend is free. There will be soup available to eat. Please dress for the weather as you will be outside.

### 5:30pm - 8pm Volunteer

**Where:** Groton Senior Center 102 Newtown Rd, Groton

**Calendar:** Community Life Calendar

**Created by:** Debbie Densmore

**Description:**

We will be participating in Groton's Holiday Kick Off event. Our group will run a craft activity for the children. Cost to attend is free. You may brown bag your dinner or purchase it from one of the food trucks available. We suggest at least \$15.00.