

Community Life Calendar

Fri Sep 3, 2021

6pm - 7pm WWE- Smackdown

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

Let's spend Friday night together with your friends to watch the highlights of a recent WWE Smackdown event. Feel free to bring your drinks and snacks to enjoy as you watch the show. Sign up for this program and we will send you a link to attend.

Sat Sep 4, 2021

10am - 11am Best Friends - Story Telling

Where: Zoom

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

This morning we will be listening to stories about best friends. These stories were written by people with intellectual and developmental disabilities. Sign up for this program and we will send you a link to attend.

Tue Sep 7, 2021

6pm - 7pm Fit Five- Special Olympics

Where: Zoom

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

Since we can not meet weekly in person for our Special Olympics Sports Program, let's continue our journey to be healthy until we start our practices in person. Come share your successes and challenges to eat healthy and exercise. Each week we will share material to help you be the best conditioned athlete you can be. This program will also include some type of physical movement. Sign up for this program and we will send you a link to attend.

Fri Sep 10, 2021

6pm - 7pm Labor Day History/ Parade

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

Labor Day is always celebrated on the first Monday in September. Do you know why this day is recognized as a Federal Holiday? Come to this program and learn about this holiday's history. We will also be watching a Labor Day parade. Sign up for this program and we will send you a link to attend.

Sat Sep 11, 2021

10am - 11am Would You Rather Movement Game

Where: Zoom

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

Let's spend Saturday morning together and play a game that will help us get our bodies moving. This game involves physical movement and you will work up a sweat. Please dress in comfortable clothing and have a water bottle handy. Sign up for this program and we will send you a link to attend.

Community Life Calendar

Tue Sep 14, 2021

6pm - 7pm Fit Five- Special Olympics

Where: Zoom

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

Since we can not meet weekly in person for our Special Olympics Sports Program, let's continue our journey to be healthy until we start our practices in person. Come share your successes and challenges to eat healthy and exercise. Each week we will share material to help you be the best conditioned athlete you can be. This program will also include some type of physical movement. Sign up for this program and we will send you a link to attend.

Wed Sep 15, 2021

6pm - 7pm Self Advocacy

Where: Zoom

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

Come join our Self Advocacy Group. Self advocacy teaches us how to make decisions and choices that affect our lives so we can be more independent. You will learn how to speak up for what you believe in, take responsibility for your life, learn to ask questions and how to solve problems. Sign up for this group meeting and we will send you a link to attend.

Fri Sep 17, 2021

6pm - 7pm Coastal Clean Up

Where: Zoom

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

The third Saturday in September is International Coastal CleanUp Day. The purpose of this event is to encourage people to rid beaches of garbage and bring awareness to protecting the world's oceans and waterways. Come to this program and watch a documentary on how trash is removed from the ocean and learn ways that you can limit the use of plastics in your life. Sign up for this program and we will send you a link to attend.

Sat Sep 18, 2021

10am - 11am Art Day- Drawing

Where: Zoom

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

Today we will be drawing and creating a nice piece of art for you to display in your home or to give someone. You do not need to know how to draw as we will walk you through your art piece step by step. Supplies you will need are: - 2 pieces of white paper - at least 8x10 size - Something to draw with- pencil with an eraser is recommended. - Markers or crayons for coloring in your drawing. Sign up for this creative day and we will send you a link to attend.

Community Life Calendar

Tue Sep 21, 2021

6pm - 7pm Voices

Where: Zoom

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

This is a group for women only. This is a self empowerment group for women to meet, share and talk about the challenges, successes and all that make them strong. If you would like to attend this meeting sign up and we will send you a link to attend.

7pm - 8pm Men's Group

Where: Zoom

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

This program is offered to men only. It will act as support group for men to talk about their strengths, successes and challenges. Come to this meeting and support each other. Sign up and we will send you a link to attend.

Fri Sep 24, 2021

6pm - 7pm Air show

Where: Zoom

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

Have you heard of or seen the USAF Thunderbirds? They are a group of pilots who are part of the United States Air Force that perform precision aerial aerobatic flying maneuvers. They are very skilled group and wow the crowds wherever they go. Sign up to see this exciting show and we will send you a link to attend.

Sat Sep 25, 2021

10am - 11am Comedy Ventriloquist

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

Let's start our day with some laughs. We will be watching a person (ventriloquist) tell jokes. A ventriloquist is a person who will speak or makes sounds that seem to come from somewhere else. If you have never seen a Ventriloquist you are in for a real treat. Sign up for this program and we will send you a link to attend.

Tue Sep 28, 2021

6pm - 7pm Fit Five- Special Olympics

Where: Zoom

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

Since we can not meet weekly in person for our Special Olympics Sports Program, let's continue our journey to be healthy until we start our practices in person. Come share your successes and challenges to eat healthy and exercise. Each week we will share material to help you be the best conditioned athlete you can be. This program will also include some type of physical movement. Sign up for this program and we will send you a link to attend.

Community Life Calendar

Fri Oct 1, 2021

6pm - 7pm Charades Game

Where: Zoom

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

Spend Friday night together with your friends playing a fun game of charades.

When you play charades you normally would act out words or actions and people try to guess what you are doing. The game of charades we will be playing does not involve you acting out words or actions as you will be guessing the answers from pictures we will be showing you. Sign up for this program and we will send you a link to attend.

Sat Oct 2, 2021

10am - 11am Tour of New Orleans

Where: Zoom

Calendar: Community Life Calendar

Created by: Debbie Densmore

Description:

New Orleans is full of beautiful architecture, great food, and proud traditions.

Today we will be touring the Garden District of New Orleans and will learn about the history and traditions of the Mardi Gras Festival. Sign up for this program and we will send you a link to attend.