### Thu Jan 2, 2020

# 3pm - 5pm Bowling

Where: 188 W Town St, Norwich, CT 06360, USA

Calendar: Community Life Calendar Created by: Debbie Densmore

Description:

This program is for those who have signed up to bowl with us weekly. We do not transport to this program. Please remember that you must pay \$6.00 for two games of bowling and shoes. No discount will be given even if you only bowl one game. You must be on time and ready to bowl when the lanes are turned on at 3:30. NO OUTSIDE FOOD OR BEVERAGES ARE TO BE BROUGHT INTO THE BOWLING ALLEY. THIS INCLUDES PERSONAL WATER BOTTLES. IF YOU NEED A BEVERAGE YOU MUST PURCHASE IT THERE.

#### Fri Jan 3, 2020

### 6pm - 9:30pm Movies

Calendar: Community Life Calendar Created by: Debbie Densmore

**Description:** 

Come join your friends for a fun night out. We will be going to our local movie theaters to see a current film you have been waiting to see. This is an eat at home event. We suggest you bring at least \$25.00 for your movie and snacks.

# 6:30pm - 8:30pm Winter Trail Of Lights

Where: Hay Burr Inn Equine Rescue, 169 Black Hill Rd, Plainfield, CT 06374, USA

Calendar: Community Life Calendar Created by: Debbie Densmore

Description:

We will be visting the Hayburrinn Equine Rescue Center in Plainfield. The non-profit organization is dedicated to saving the lives of horses bound for slaughter or who were abused. Our group will walk the lighted trails, visit with the rescue horses and enjoy hot chocolate. Cost to attend is \$10.00 which will be donated to the the rescue center. We will stop for a bite to eat on our way home. We suggest at least \$12.00 for dinner. This is an outdoor activity so please dress appropriately with boots, hats and gloves.

### Sat Jan 4, 2020

#### 8:30am - 10am Pancake Breakfast

Where: Ledyard Congregational Church, 722 Colonel Ledyard Hwy, Ledyard, CT 06339, USA

Calendar: Community Life Calendar Created by: Debbie Densmore

Description:

We are attending a community breakfast with our neighbors. Cost to attend is \$10.00 which will be donated to the church.

### 11am - 1pm Velvet Mill

Where: The Velvet Mill, 22 Bayview Ave, Stonington, CT 06378, USA

Calendar: Community Life Calendar Created by: Debbie Densmore

**Description:** 

We will be going to the Velvet Mill in Stonington. Our group will explore the shops and farmers market. We will eat our lunch out. We suggest that you bring at least \$15.00 for lunch and extra money for your purchases.

### Thu Jan 9, 2020

# 3pm - 5pm Bowling

Where: 188 W Town St, Norwich, CT 06360, USA

Calendar: Community Life Calendar Created by: Debbie Densmore

Description:

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### Fri Jan 10, 2020

### 6pm - 9pm Bingo/ Dinner

Where: 40 Golden St, Norwich, CT 06360, USA

Calendar: Community Life Calendar Created by: Debbie Densmore

Description:

Our group will be going to the Divine Providence Church to eat a Polish Dinner and play bingo. We suggest at least \$25.00 for dinner and bingo. Please bring your own bingo dabber. Please let us know if you will need assistance to play bingo.

### 6pm - 8pm Hygienic Art Gallaries

Where: 70 Bank St, New London, CT 06320, USA

Calendar: Community Life Calendar Created by: Debbie Densmore

Description:

We are going to the opening reception of the Whalers & Lancers art show. The students will display their inspiring and vibrant art. Cost to attend is free. The group will enjoy the art show and then stop for a quick dinner out. We suggest at least \$12.00 for dinner.

### Sat Jan 11, 2020

### 9:30am - 10:30am Dance Country

Where: Dance Country, 1666 CT-12, Gales Ferry, CT 06335, USA

Calendar: Community Life Calendar Created by: Debbie Densmore

Description:

Put your dancing shoes on and come learn how to do Country Line Dancing. Cost to attend is \$15.00. Please dress in appropriate clothing for dancing.

# 11am - 1pm Tag Sale

Where: Burton Leavitt Theatre 779 Main ST Willimantic CT

Calendar: Community Life Calendar Created by: Debbie Densmore

Description:

Come support the Arts. We will be attending a giant indoor yard sale to benefit the Windham Theatre Guild. After we search for treasures we will stop for lunch. We suggest at least \$20.00 for lunch and spending.

### Wed Jan 15, 2020

# 6:30pm - 8pm Self Advocacy

Where: The Arc Eastern CT 687 Cook Hill RD Danielson CT

Calendar: Community Life Calendar Created by: Debbie Densmore

Description:

Come join our Self Advocacy group. Self advocacy teaches us how to make decisions and choices that affect our lives so we can be more independent. You will learn how to speak out for what you believe in, take responsibility for your life, learn to ask questions and how to solve problems. If you would like to enjoy some pizza for dinner please bring in \$5.00.

### Thu Jan 16, 2020

### 3pm - 5pm Bowling

Where: 188 W Town St, Norwich, CT 06360, USA

Calendar: Community Life Calendar Created by: Debbie Densmore

Description:

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#### Fri Jan 17, 2020

# 5:30pm - 7:30pm Staff Meeting - No program

Where: 125 Sachem St, Norwich, CT 06360, USA

Calendar: Community Life Calendar Created by: Debbie Densmore

### Sat Jan 18, 2020

#### 11am - 1pm New England Air Museum

Where: 36 Perimeter Rd, Windsor Locks, CT 06096, USA

Calendar: Community Life Calendar Created by: Debbie Densmore

**Description:** 

The New England Air Museum will hold an Open Cockpit day which will include animals from the Beardsley Zoo. You will be able to climb aboard historic aircraft and experience flight simulators. You can participate in hands on Build & Fly themed challenges. Cost to attend is \$15.00. We will stop for a quick lunch along the way. We suggest at least \$15.00 for lunch.

### 12pm - 2:30pm Avery's Beverages/ Bottling Company

Where: 50 Corbin Ave, New Britain, CT 06052, USA

Calendar: Community Life Calendar Created by: Debbie Densmore

**Description:** 

Our group will tour the Avery Beverage Company where they make soda. Each person will make 3 bottles of their own blended sodas, receive a goodie bag and apron. Cost to attend is 14.00 per person. We will stop for a quick lunch in our travels. We suggest at least \$15.00 for lunch.

### Sun Jan 19, 2020

# All day Volunteer

Sun Jan 19, 2020

Where: Babe Blanchette Memorial Fields, 1 Main St, Baltic, CT 06330, USA

Calendar: Community Life Calendar Created by: Debbie Densmore

Description:

We will be asssiting the CT Free Store in passing out food to those in need. Please

dress warm as this is an outside event.

# Mon Jan 20, 2020

## 6pm - 7:30pm Voices

Where: 125 Sachem St, Norwich, CT 06360, USA

Calendar: Community Life Calendar Created by: Debbie Densmore

**Description:** 

A group for women only. This is a self empowerment group for women to meet,

share and talk about the challenges, successes and all that make them strong women. We will

provide light snacks.

## Thu Jan 23, 2020

### 3pm - 5pm Bowling

Where: 188 W Town St, Norwich, CT 06360, USA

Calendar: Community Life Calendar Created by: Debbie Densmore

**Description:** 

This program is for those who have signed up to bowl with us weekly. We do not transport to this program. Please remember that you must pay \$6.00 for two games of bowling and shoes. No discount will be given even if you only bowl one game. You must be on time and ready to bowl when the lanes are turned on at 3:30. NO OUTSIDE FOOD OR BEVERAGES ARE TO BE BROUGHT INTO THE BOWLING ALLEY. THIS INCLUDES PERSONAL WATER BOTTLES. IF YOU NEED A BEVERAGE YOU MUST PURCHASE IT THERE.

# Fri Jan 24, 2020

### 6pm - 8:30pm Volunteer Training

Where: 125 Sachem St, Norwich, CT 06360, USA

Calendar: Community Life Calendar Created by: Debbie Densmore

**Description:** 

Come learn what it takes to be a good volunteer. Share your ideas on how you would like to help others in the community. New volunteer T-shirts will be given out. Please attend this training if you have volunteered for the Hartford Marathon Foundation Road Races as they are hosting your dinner as a "thank you ". Cost to attend is free. We will be serving pizza for dinner, if you need other accommodations for your dinner please indicate this on your sign- up sheet.

### Sat Jan 25, 2020

# 11am - 1pm Vision Boards

Where: 125 Sachem St, Norwich, CT 06360, USA

Calendar: Community Life Calendar Created by: Debbie Densmore

Description:

Come spend some time with your friends creating vision boards for the new year. Vision boards help to clarify, concentrate and maintain focus on a specific life goals. We will provide all supplies needed. Cost to attend is \$6.00 for supplies. In honor of the Chinese New Year, we will order out Chinese food for lunch. Each person should bring at least \$7.00 for lunch. If you are not able to eat Chinese food, please feel free to brown bag your lunch.

### Thu Jan 30, 2020

## 3pm - 5pm Bowling

Where: 188 W Town St, Norwich, CT 06360, USA

Calendar: Community Life Calendar Created by: Debbie Densmore

Description:

This program is for those who have signed up to bowl with us weekly. We do not transport to this program. Please remember that you must pay \$6.00 for two games of bowling and shoes. No discount will be given even if you only bowl one game. You must be on time and ready to bowl when the lanes are turned on at 3:30. NO OUTSIDE FOOD OR BEVERAGES ARE TO BE BROUGHT INTO THE BOWLING ALLEY. THIS INCLUDES PERSONAL WATER BOTTLES. IF YOU NEED A BEVERAGE YOU MUST PURCHASE IT THERE.

### Fri Jan 31, 2020

# 6:30pm - 9:30pm East Lyme Regional Theater/ Frozen

Where: East Lyme High School, 30 Chesterfield Rd, East Lyme, CT 06333, USA

Calendar: Community Life Calendar
Created by: Debbie Densmore

**Description:** 

We are attending the show Frozen put on by the East Lyme Regional Theater. This is a pre-paid event and we only have a limited number of tickets. This is an eat at home event. Cost of the ticket is \$11.50. You may bring additional money for snacks if they are available, we suggest at least \$5.00.

### 6:30pm - 8:30pm Wild Earth Studio

Where: Wild Earth Studio LLC, 441 Salem Turnpike B3, Bozrah, CT 06334, USA

Calendar: Community Life Calendar Created by: Debbie Densmore

**Description:** 

We are going to do a Lisa Frank themed painting. You will learn some finger painting techniques you might not have tried before. This is an eat at home event. Cost to attend is \$10.00.